Sacramento Chinese Culture Foundation

沙加緬度中華文化基金會



SCCF Newsletter — May 2018

SCCF

P.O. Box 160841, Sacramento, CA 95816 WWW. SCCFSAC.org email: sacccf@gmail.com

Tax ID: 68-0097283

Non-Profit 501(c) 3

President's Message 会長致詞

For the past 30 years, SCCF has been playing a very essential role in promoting peace, prosperity, cultural diversity, community harmony and health in multi-culture society at the local, regional and national levels. With the strong support and participation of our strategic partners, such as Wells Fargo, California Northstate University College of Medicine and College of Pharmacy, River City Medical Group, UC Davis Confucius Institute and Capitol Periodontal Group, SCCF has been leading the effort in supporting and promoting the Chinese culture with the following focuses:

- Integrating Chinese Medicine with Western Medicine to promote the community health
- Identifying music talents in the community to integrate Chinese music with Western music and entertain the community
- Sponsoring Kung Fu performance and tournament to promote community health and peace
- Educating the community about the Chinese history and special cultural gems, such as Feng Shui
- Educating the community about healthy life style and Chinese cuisine
- Fundraising to offer scholarships for students at college, high school and elementary levels to learn Chinese Culture

SCCF has awarded over \$100000 scholarships to over 100 students and 10 schools in the past several years. We have been hosting the Annual California Capital Region East & West Health Fair since 2016. This historical health fair integrates western medicine with alternative medicine, such as acupuncture, herbal medicine, massage therapy, chiropractic and physical therapy, and rallies health care providers and students to team up the inter-professional expertise and effort to serve the community. The 2018 California Capital Region East & West Health Fair will be offered on **November 4th**, **2018**. SCCF hosted very successful talent show and organized a community orchestra with over forty community members to perform in the community centers monthly. We proudly announce that SCCF will organza a community concert this fall. In addition, we are sponsoring the Eastern Ways Annual Kung Fu Tournament, and hosting a workshop of Feng Shui. Please visit our website www.sccfsac.org for all the detailed information of all the upcoming events.

I want to express my deep appreciation to all the sponsors, institutions, organizations, vendors, clinicians, volunteers, community leaders, public officials, and community members for all your continued strong support. We also want to thank our board members for bringing their talents and leaderships to the team to serve our community. Please join us if you are not a member of SCCF. We need your continued support and participation to build and strengthen our community with care and love!



Sacramento Chinese Culture Foundation

沙加緬度中華文化基金會

SCCF Newsletter - May 2018

SCCF IN REVIEW

Year 2017						
11/05/2017	2 nd Annual East & West Health Fair	CNSU Event Center, Elk Grove – 1,000+ attendees				
08/19/2017	Capitol Got Talent	Rosemont High School Auditorium – over 50 contestants				
06/10/2017	SCCF Wellness Workshop	CNSU Rancho Cordova				
Year 2018						
01/28/2018	2018 Annual General Membership Dinner Meeting	Rice Bowl Restaurant - Over 600 attended.				
05/19/2018	Kung Fu Tournament	Rosemont High School Gym – Partnership with Eastern Ways KungFu Academy				
05/26/2018	Feng-Shui & Soul Seminar by Feng Shui Masters from Taiwan	CNSU, Rancho Cordova				
09/29/2018	SCCF Love In Fall Concert – by SCCF Orchestra	CNSU Event Center, Elk Grove, - A formal wear dinner event				
11/04/2018	3 rd Annual East & West Health Fair	CNSU Event Center, Elk Grove				

2018 Event Flyers

5/19/2018 flyer



2018 Event Flyers

5/26/2018 flyer

心靈風水觀

顛覆您對風水的認識



龍德老師,俗名楊恒泰,現任新北市樹林區無極威 武聖殿執行長。自三歲時自然静座自修,至七歲時 開始正式授命從事神職與專研民間宗教信仰,時至 今日已廿七年之久。積極提倡「信而不迷;迷而不 信」的正確觀念來看待宗教,信仰宗教,促使人人 都能去了解宗教存在的正面能量觀,不落邪見!曾 邀受任「臺灣八大電臺」,「神出鬼没」,「第 三類接觸」,「獨漏六十」,「暗光鳥新聞」等 節目的專業老師,并參與多次專訪。



講座内容:

- 風水到底是什麽?
- 風水真的會影響好壞嗎?
- 心靈與風水的現代觀
- 心靈風水的正面能量

講座時間: 2點-4點, 5/26/2018, 星期六 講座地點: California Northstate University College of Health Sciences 2910 Prospect Park Drive, Rancho Cordova, CA 95670

免費中文講座,但請提前預約@916-220-4601或 造訪我們的網站 www.sccfsac.org/

心靈風水就是自然生活,行善積德, 正面正向,到哪都會是好風好水!! ~~ 威武聖殿 執行長 龍德

人生到底該不該有信仰?!

有位無神論的博士,辦了一場講座 講座的內容就是「神」是否存在?

當這位博士講到最後時,終結論就是希望大家不要信仰每個宗教,所提及「神」的存在,只要相信自己才是對的,就在這個時候;有一位來聽講座的婦人,突然起身,禮貌的舉起手,並請問了博士一個問題

「博士 您好,既然您已否定了任何信仰中的「神」;想必您不相信有 「天堂」與「地獄」的存在吧? |

婦人如此發問;而博士隨後微笑的點了點頭,並說:「是的!我不信有天堂與地獄的存在」;婦人又說「而我相信任何信仰的「神」都是存在的,更堅信天堂與地獄善惡的存在,所以我努力實踐好的善念。

倘若;有一天我死了,才明白沒有「神」及天堂與地獄的存在,請問博士,我是否損失了什麼?」

博士答「妳沒有損失!」

婦人又說「那假如有天博士您死了,才明白真的是有「神」及天堂與地獄的存在,那麼請問博士,那時您將損失了什麼!?」

頓時; 博士想了好幾分鐘, 突然在一時之間無法回答婦人的問題。

最後;若針對「人生」該不該有信仰,那麼我將很慎重與恭謹的跟你說: 「是的!人生是該要有一個信仰的,因為當你有了正確又正向的信仰時,你根本就不會損失任何東西;反之,你若是都沒有信仰,當你有天離開人間後才發現原來信仰是對的時候,那請問你,終將損失的是什麼?!」

當然「信仰」其實是很自由的;不管你想不想信仰,或是信仰的是道教、佛教、基督教、天主教等…任何正向教派;最終真正的本意,皆是能使你有「心靈歸屬」並且教導你如何「揚善抑惡」。

威武聖殿 執行長 雜德 著述



俗話說,知足者貧窮亦樂,不知足者 富貴亦憂。生活本應是快樂的,人世 間的煩惱,在於貪婪無度。世上最幸 福的人,是那種以很少的東西即可得 到滿足的人.

「學會知足的人生」

當每個人從出生那一刻起開始,就已經知道來到這世界即是磨難的開始,但為什麼已經知道呢?

因為;每個人出生時,皆都必須經歷「嚎啕大哭」後;才能延續與開啟新的生命!!!

新的生命開始;是不分貴賤貧富而磨難的考驗也不會因你的身份貴賤而不會出現在你的生活中。

人生就算你是出於富貴中,一樣有磨難及煩惱,就算出於貧困中,一樣 有磨難及煩惱,但是所有的一切;通通在於你的「心態」是如何去面對 與接受它。

當你正在羨慕那些權貴之人的時或許那些權貴之人也正在羨慕著你的平庸生活,因為再富有的人他能買到讓自己短暫開心的東西但卻可能買不到「心靈上的富足」;貧困或許買不到物質上的需求但只要能夠惜物惜福,卻能得到「心靈上的知足」。

所以;無論是「富、貴、貧、困」若能堅毅的去學習如何「面對它」「接受它」「解決它」「放下它」「成就它」「圓滿它」自然能使得自己永遠不受「富、貴、貧、困」這四個字所束縛心靈!!!

威武聖殿 執行長 龍德 著述

2018 Event Flyers

Upcoming Event



爱在金秋 Love in Fall

中西经典音乐晚宴

Classical Music Banquet



5:00PM, Sat. 09/29/2018

California Northstate University, School of Medicine Event Center, 9700 W Taron Dr, Elk Grove, CA 95757

Ticketing: 916-821-9406 or SCCF_Orchestra@hotmail.com

2018 Event Flyers

Upcoming Event 11/4/2018 Health Fair Flyer



Presented by:

Sacramento Chinese Culture Foundation www.sccfsac.org



3rd California Capitol Region East & West Health Fair

California Northstate University College of Medicine CNU Event Center 9650 West Taron Dr., Elk Grove, CA 95757

Sunday, November 4th, 2018 11:00 AM – 4:00 PM



Eastern Medical Professionals
Herbal Medicine Samples
Doctors' Lecture
Acupuncture
Massage
Clinic

Western Medical Professionals
CNU College of Medicine

CNU College of Pharmacy UC Davis Medical Center River City Medical Group

Kaiser Permanente
Dignity Health

Vision Hearing and Dental Care Diabetes Screening Flu Shot



Dr. Joseph Silva, Dean of CNU College of Medicine
Dr. Hieu Tran, Dean of CNU College of Pharmacy
Mayor Steven Ly, City of Elk Grove
Senator Richard Pan
California Treasurer John Chiang
Assemblyman Jim Cooper,
Dr. Gordon Wong, Board Chairman of River City Medical Group

50+ Vendor Booths
Stage Programs
Scholarship Awards
Raffles \$500+ Grand Prize
Food + Kids Activities
Free Workshop



















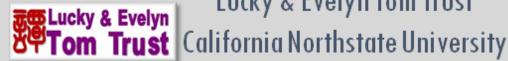




SCCF 2017 SPONSORS







Platinum

Wells Fargo Foundation
UC Davis Confucius Institute
River City Medical Group
Lucky & Evelyn Tom Trust







Diamond

Capitol Periodontal Group



Gold

Cathay Bank
Agreat Financial
Reliance Community
Wing Wa Supermarket

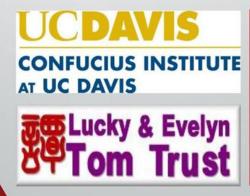


Silver

SMUD AAA (Jenny Tan) iHome Real Estate & Mortgage
JRivera Associates

SCCF 2017 School Scholarship Recipients

- Davis Senior High School
- Golden Key Chinese School
- Sierra Chinese School
- New Star Chinese School
- Western Sierra Collegiate Academy
- Folsom Chinese School



WELLS FARGO

SCCF Scholarship Program

Since 2012, SCCF, working together with school principals & teachers, has awarded Chinese students and schools to encourage higher achievement and to improve school programs as well. SCCF aims at creating social harmony and reducing hate crimes due to misunderstandings through educating the public in this multi-cultural environments.

SCCF is so successful in this particular Wells Fargo Scholarship program that more funding from UC Davis Confucius Institute and a few private donors, such as Lucky & Evelyn Tom Trust, River City Medical Group Dr. Gordon Wong, etc. was offered since 2016.

Each year, SCCF Scholarship Committee develops the program guidelines, applications, selection, and evaluation processes. Through SCCF website www.sccfsac.org and public announcements, all public and private schools are welcomed to apply for SCCF scholarship.

This year, scholarship applications for individual students and schools have been sent to SCCF member schools, and are posted on our website www.sccfsac.org, distributed to other groups, with a submittal deadline in July. Award announcement and ceremony will be on 11/4/2018 at SCCF Annual Capitol Region East & West Health Fair. Awarded students and schools will showcase language and culture learnings in early 2019 SCCF Annual General Membership Dinner Meeting, to be announced.



Sacramento Chinese Culture Foundation 沙加緬度中華文化基金會

P. O. Box 160841, Sacramento, CA 95816

Email: saccef@gmail.com

Website: www.SCCFSac.org







2018

SCCF-Wells Fargo Foundation-UC Davis Confucius Institute Grant Student Scholarship Guidelines

- 1. Scholarships will be awarded to students studying Chinese language, culture and music in public or private schools in the Greater Sacramento Area.
- 2. Up to two (2) student scholarships will be awarded in each school.
- 3. The maximum award for each student scholarship is \$500 per student.
- 4. The student's school must be a 2018 member school of the SCCF.
- 5. Each school may submit up to two (2) applications to SCCF. Each school may allow as many students who want a scholarship to fill out applications. But each school must select top two applications and submit to SCCF.
- 6. The SCCF Scholarship Committee will evaluate and determine whether a student will receive a scholarship and the amount of the scholarship.
- 7. Each student applicant must:
 - Have been enrolled in a Chinese Language class or program for at least 6 months prior to the deadline.
 - Be under 18 years old at the application deadline.
 - Complete the application form, plus:
 - 1. An essay **handwritten** in Chinese characters by applicant describing himself/herself, his/her family, school life, personal interests, hobbies, etc. The essay must be 200-300 characters long.
 - 2. A letter of recommendation from a principal, teacher, or prominent citizen. No family member or relative may write the letter.
- 8. Students who are awarded scholarships will be notified by e-mail from SCCF by September 15, 2018.
- 9. Students who are awarded scholarships must attend the SCCF-WF Student Scholarship Award Ceremony (Date TBA) to receive their scholarships. No exceptions.

APPLICATION DEADLINE:

July 31, 2018 (received or post marked)

Please mail USPS all applications to: (email as a follow-up only)

SCCF P. O. Box 160841 Sacramento, CA 95816

Sacramento Chinese Culture Foundation 沙加緬度中華文化基金

P. O. Box 160841, Sacramento, CA 95816 Email: saccef@gmail.com Website: www.SCCFSac.org







2018

SCCF-Wells Fargo Foundation & UC Davis Confucius Institute Grant **Student Scholarship Application Form**

Student Information:

Student Name: Chinese	English	English:			
Address of student:	AA (1/200A)	***			
Student: Social Security No. (Last 4 digits)					
Birth Place: City Country					
Parent/guardian:					
Years in Chinese school/class:					
Please attach examples of student work, han	nd-written Chines	e paragraph, a	nd essay in Chinese.		
School Information:					
School Type (check one): Public School Name:					
School Address:					
Contact Name:	Title:				
Email:	Phone:				
Nominator Recommendation: (use	additional pages	if needed)			
Nominator Information:					
Name:	Title:				
Email:	Phon	e:			
Signature	Date:				

^{*} All fields in this application are required. Application deadline is 7/31/2018 (received or post marked).

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Website: www.SCCFSac.org







2018

SCCF-Wells Fargo Foundation-UC Davis Confucius Institute Grant School Scholarship Guidelines

SCCF School Scholarship will be awarded to all public or private schools with established Chinese classes teaching Chinese language and culture in the Sacramento region and surrounding counties.

Application Guidelines:

- 1. Chinese language program(s) must be in operation for at least one-full year at time of application.
- 2. SCCF Member and Partner Schools will have preferred status. To join as a Member School, please email to inquire at saccef@gmail.com. Demonstration of partnership and support to SCCF is a weighing factor in evaluation.
- 3. Maximum number of school awarded 10.
- 4. Award amount per school up to US \$2,000.00 maximum per school, depending on the evaluation of the program/project applied for.
- 5. SCCF Scholarship Committee will determine whether a school is qualified and will receive a scholarship, and the amount of the scholarship, based on the merit and effectiveness of the program/project.
- 6. All application must be complete, with a detail description of the program/project, benefit statement, and as many documents and demonstration of the program/project applied for. Testimonials and Letter(s) of recommendation from community leaders are encouraged.
- 7. Schools who are awarded scholarships will be notified by e-mail from SCCF by September 15, 2018.
- 8. Schools who are awarded scholarships must attend, by School Principal, or a designated representative and teachers, to receive Scholarship Award, no exception.
- 9. All awarded schools must showcase and demonstrate their program success, via performances, etc. at the award ceremony, to be announced at notification of the award.

APPLICATION DEADLINE:

July 31, 2018 (received or post marked)

Please mail USPS all applications to: (email as a follow-up only)

SCCF P. O. Box 160841 Sacramento, CA 95816

Sacramento Chinese Culture Foundation 沙加緬度中華文化基金

P. O. Box 160841, Sacramento, CA 95816 Email: saccef@gmail.com Website: www.SCCFSac.org







2018

SCCF-Wells Fargo Foundation & UC Davis Confucius Institute Grant **School Scholarship Application Form**

School Information:

School Type (check one): Pul					70		
School Name:					→ :		
School Address:					_==		
Contact Name: Title:							
mail: Phone:							
Number of Chinese language st	udents:(20	018); Number	of Chinese	language classes:	(2018)		
Number of Chinese language to	achers:(2	2018); Cred	lentialed:	(yes) (no)			
Length of Chinese language cla	sses taught at thi	is school:	years	months			
SCCF Lifetime Member Schoo					No		
Principal or teacher signature:							
				- 10			
Program Information							
Program Title:					20		
Program Total Estimated Cost:	\$						
Scholarship Amount Requested							
Program Description (State the				letails if needed):			
Program Contact Name:		Title:					
Email:		Phone	e:				
Signature		Date:					

^{*} All fields in this application are required. Application deadline is 7/31/2018 (received or post marked).

SCCF serving Seniors!!!

Sacramento Chinese Culture Foundation Orchestra

- Provide music and cultural group learning experiences for young people
- Promote their social and personal development through frequent public performance
- Serving, connect and unite the community through music

Our monthly volunteering performances in the ACC Care Center together with our sister Elk Grove Chinese Association Youth Orchestra since 2016.





There are over 40 orchestra members with SCCF Orchestra at this time. We welcome people who play western or traditional Chinese instruments to join us. No age limit, no fee requirement.

Please contact:

SCCF_Orchestra@hotmail.com

Or call Linda: (916) 821-9406

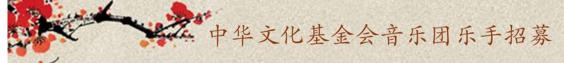


SCCF "Love in Fall" Concert

We welcome you all to join us for a beautiful night with food and Classic music.

Date & Time: Saturday, 9/29/2018, 5:00PM
Location: California North State University,
School of Medicine Event Center
9700 W Taron Dr, Elk Grove, CA 95757





SCCF Orchestra

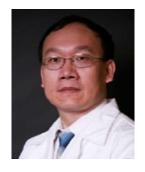
We welcome people who play western instruments or Chinese traditional instruments to join our orchestra.



The Sacramento Chinese Cultural Foundation (SCCF) Orchestra began with our junior weekend volunteer program. SCCF has been organizing music players to perform at the Asian Care Center (ACC) on a monthly schedule. With the help of Mr. Michael Chan and community members, the SCCF Orchestra was formed. Our goal is to share the musical culture and provide a stage. Currently we have 35 players that perform cross culture music pieces. We welcome people of all ages and different musical backgrounds to join us.

Please contact: Linda Zweig: Lindaz@agreatfinancial.com Tel: 916-821-9406, Harry Yee: Harry-Yee@att.net Tel: 916-337-8332

2018 SCCF BOARD

































(From R to L, Top down):

Xiaodong Feng – President; Janice Tsai – VP; Linda Zweig – VP;

Kevin Dong – Secretary; **Keely Jue** – Treasurer, **Jun Wang** – Auditor

Board Members: Shanshan Bian, Mayue Carlson, Jiao Jing, Teck Lai, Michelle Lau, Shan Shan Lee, Sang Sang Ma, Quiping Shu, Catherine Yang, Zoe Zheng

Past Presidents:

Chi-Yi Wang (Founder 1986), Eleanor Chiang, Joseph Wu, Shu Yuan Yeh, Bob Leong, Peter Leung, Vicki Beaton, Min Li, Eileen Leung, Dolly Louie, Shu Yuan Yeh, Helen Yee, Mayue Carlson, John Wong, Mayue Carlson



Sacramento Chinese Culture Foundation

沙加緬度中華文化基金會

P. O. Box 160841, Sacramento, CA 95816 www.SCCFSAC.org Email: sccfsac@yahoo.com

Our Mission

- Through Culture Awareness to Promote Peace in Multi-Culture Society
- 組織目標:以文化意識交流的方式從而促進多 元文化社會之間的共容共存
- Promotes Chinese culture through education, scholarship and community events
- 宣揚中華文化和中國語文;提供教學機會;舉 辦社區文化活動
- Provides resources and standards for Chinese language, history and culture studies
- 提供學習中國語文,歷史,文化教育研究標準, 教學計劃和教材
- Provides scholarships to schools and students for Chinese language and culture learning
- 設立獎學金頒發及鼓勵學習中國語言和文化 的學校及學生
- Participates in Asian cultural events through collaboration with community groups
- 與社區組織合作,共同參助其他亞裔社團文化 活動



SCCF awarded over \$15000 scholarships in 2016 to local schools teaching Chinese language and culture.



Health and Wellness Workshop

SCCF board members and community leaders organize annual workshops for Healthy Eating and Tea Art Performance. SCCF will continue promoting Chinese culture through all the events and will improve the efforts to serve the community better.



SCCF Orchestra:

from the community, serves the community

Over ten musical performance at Asian Community Center (ACC) for the seniors





SCCF celebrated the 30th Anniversary by offering the historical East & West Health Fair at the Elk Grove Campus of California Northstate University College of Medicine (CNUCOM) on December 4th, 2016. Over 400 community residents attended this unprecedented health fair which integrated western medicine with eastern medicine.



SCCF board members: Mayue Carlson, Keely Jue, Xiaodong Feng, Norman Fong, Teck Lai, Michelle Lau, ShanShan Lee, Vivian Liu, Ling Luo, Janice Tsai, Grace Yan, Harry Yee, Linda Zweig

Please make check payable to:

SCCF

P.O. Box 160841

Sacramento, CA 95816-0841

Tax deductible of SCCF 501 (C) (3) Tax ID: 68-0097383

Amount enclosed: \$_____

(make copy of application for yourself)

SCCF Membership Brochure – Page 2 (with Membership Application)

Since 1986, SCCF has been playing a very essential role in promoting peace and prosperity in multi-culture society at the local, regional and national levels.

Major Community Services

- Annual Capital East & West Health Fair integrating western medicine with eastern medicine, and offering free flu vaccines, hepatitis screening, diabetes screening, stroke education and screening, vision and dental screening.
- SCCF Scholarship Award Ceremony sponsored by Wells Fargo Foundation and UC Davis Confucius Institute to promote Asian culture with phenomenal performance, and fun activities for children
- Asian Performing Art Festival, SCCF Orchestra and Capitol Got Talent to recruit talents in the community to promote peace, prosperity, family value and talents in the community.
- Workshop on college application, tea art performance, Qigong and healthy diet.

On behalf of the SCCF board members, we want to express our deep appreciation to all the sponsors, institutions, organizations, vendors, clinicians, volunteers, community leaders, public officials, and community members for all your strong support. We also need your continued support and participation. SCCF is looking forward to collaborating with everyone to continue promoting peace and prosperity in our multi-culture community and society.

Please join us as an institutional member, individual member or volunteer.

Mission impossible is possible with SCCF Community Partners!





Sacramento Chinese Culture Foun-沙加緬度中華文化基金會 SCCF MEMBERSHIP APPLICAION Individual yearly dues, \$25 _Individual lifetime dues, \$150 Family yearly dues, \$45 Family lifetime dues, \$200 School yearly dues, \$150 School lifetime dues, \$300 First name: Last name: Family members' names (if family membership): _ Email: Home Phone: Cell phone: _ Please make check payable to: SCCF P.O. Box 160841 Sacramento, CA 95816-0841 Tax deductible of SCCF 501 (C) (3) Tax ID: 68-0097383

Sacramento Chinese **Culture Foundation** Serving the community since 1986 www.sccfsac.org SACRAMENTO CHINESE CULTURE FOUNDATION 沙加緬度中華文化基金會 發揚中華語言文化 Promote Chinese Language & Culture 促進多元文化交流 Achieve multi-culture harmony SCCF, P.O. Box 160841 Sacramento, CA 95816 sacccf@gmail.com Non Profit 501(c)3 Tax ID-

680097383