Presented by:
Sacramento Chinese Culture Foundation
www.sccfsac.org

2nd California Capitol Region East & West Health Fair

举办方:
中华文化基金会
www.sccfsac.org

第二届 加州首府地区 中医及西医健康展会

WELLS FARGO

Communities are like families

When everyone comes together, wonderful things can happen. This event is the result of a lot of hard work by many talented people. The spirit of community is alive and well, right here and now.

Sacramento Chinese Culture Foundation, you represent the heart and soul of true community.

wellsfargo.com

Together we'll go far

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Sacramento CHINESE CULTURE FOUNDATION 沙加缅度中華文化基金會

SCCF President's Message

Dear SCCF sponsors and friends,

For the past 30 years, SCCF has been playing a very essential role in promoting peace, prosperity, cultural diversity, community harmony and health in multi-culture society at the local, regional and national levels.

With the strong support and participation of our strategic partners, such as Wells Fargo, California Northstate University College of Medicine and College of Pharmacy, Rivercity Medical Group and UC Davis Confucius Institute, SCCF has hosted the Annual California Capital Region East & West Health Fair since 2016. This historical health fair integrates western medicine with alternative medicine, such as acupuncture, herbal medicine, massage therapy, chiropractic and physical therapy, and rallies health care providers and students to team up the inter-professional expertise and effort to serve the community. The health fair also provides the best inter-professional education and service experience for faculty and students from local medical schools, pharmacy schools, nursing schools, community colleges and high schools.

Physicians, dentists, pharmacists, nurses, herbalists, acupuncturists, massage therapists, social workers, patient advocates, volunteers, students, community leaders and civic leaders from over 50 local health care organizations participated in the first California Capitol Region East & West Health Fair on December 4th, 2016. Several world-renown experts of Chinese Medicine from medical schools and hospitals in Beijing, as well as Southern California and Bay Area, also attended this event. Over 400 community residents attended this unprecedented health fair which integrated western medicine with eastern medicine. We are so proud to present the 2nd California Capitol Region East & West Health Fair on November 5th, 2017 at the brand new Event Center of California Northstate University in the great city of Elk grove. Health care providers and students will offer free flu vaccines, diabetes screening, stroke education and screening, vision, hearing and dental screening. Clinicians will also offer free onsite medical services and consultations to our local residents. SCCF will also conduct Wells Fargo Foundation and UC Davis Confucius Institute Scholarship Award Ceremony during the health fair. SCCF orchestra will also present its debut performance on the stage together with other local talented artists.

On behalf of the SCCF board members and the Organizing Committee of East-West Health Fair, I want to express my deep appreciation to all the sponsors, institutions, organizations, vendors, clinicians, volunteers, community leaders, public officials, and community members for all your strong support. We also need your continued support and participation to bring back this extremely well-received health fair to our community every year.

Let's build our community together with love and care!

Xiaodong Feng, PhD, PharmD

SCCF President

October 14, 2017

SCCF 2017 SPONSORS

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JUDY CHU, Ph.D.
27TH DISTRICT, CALIFORNIA
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SUBCOMMITTEE ON HUMAN RESOURCES
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(202) 225-5467 (Fax)
PASADENA DISTRICT OFFICE:
527 South Lake Avenue, Suite 106
Pasadena, CA 91101
(626) 304-0110

November 5, 2017

California Northstate University College of Medicine
9700 West Taron Drive
Elk Grove, CA 95757

Dear Friends,

It is with great pleasure that I extend a warm welcome to all who have gathered here at California Northstate University College of Medicine for the Sacramento Chinese Culture Foundation's (SCCF) 2nd Annual California Capitol Region East and West Health Fair.

Since its inception, the SCCF has made great strides in its mission to aid the community on the road to wellness through both Eastern and Western medicine. The SCCF has done a wonderful job in hosting free clinics for the community and offering a platform for experts in Western Medicine to meet with professionals and scholars of Traditional Eastern Medicine, creating a strong network for healthcare practitioners.

I am incredibly pleased to congratulate the SCCF for its hard work in putting such a magnificent event together. Its dedication and commitment to helping the community and aspiring healthcare professionals in the greater Sacramento area are greatly appreciated.

On behalf of the United States House of Representatives and the people of the 27th Congressional District, I offer my support and best wishes for the continued success of Sacramento Chinese Culture Foundation.

Sincerely,

Judy Chu

JUDY CHU, Ph.D.
Member of Congress, 27th District

JOHN CHIANG
TREASURER
STATE OF CALIFORNIA

November 5, 2017

Dr. Xiaodong Feng
President and Event Chair
Sacramento Chinese Culture Foundation
Post Office Box 160841
Sacramento, CA 95816

Dear Friends:

Congratulations to the Sacramento Chinese Culture Foundation (SCCF) and the Organizing Committee of East-West Health Fairs on the occasion of the Second Annual California Capitol Region East & West Health Fair.

With the tremendous support of numerous community leaders, this annual event brings together the region's businesses, organizations and experts in the Eastern and Western health care fields. Focusing on improving the health and well-being of our communities, this Health Fair offers screenings, health education and services for the diverse needs of the residents of Sacramento.

I extend my appreciation to the leaders and participants for their dedication and involvement in building a healthier future for all Californians. Best wishes for continued success.

Very truly yours,

JOHN CHIANG
California State Treasurer

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WINE
YOUTH AND CALIFORNIA'S FUTURE

November 5, 2017

Dear Friends,

Welcome to the 2nd Annual California Capitol Region East and West Health Fair. It is a pleasure to celebrate cultural and occupational diversity within the Ninth Assembly District.

As the Assemblymember of the Ninth District, I am extremely proud that Elk Grove is the home of California Northstate University College of Medicine. It is so critical for the Central Valley to have medical schools and research opportunities nearby to improve the quality of life for our residents.

I would like to congratulate the Sacramento Chinese Culture Foundation on collaborating with California Northstate University College of Medicine to bring Eastern and Western medical professionals together to provide free services and resources to residents of my district.

I hope you enjoy the 2nd Annual California Capitol Region East and West Health Fair today and best wishes to everyone!

Sincerely,

Jim Cooper

JIM COOPER
Assemblymember, 9th District

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JOINT LEGISLATIVE COMMITTEE ON EMERGENCY MANAGEMENT

November 5, 2017

Dear Friends of the Sacramento Chinese Cultural Foundation:

It is a pleasure to join you in celebrating the 2nd annual California Capitol Region East & West Health Fair. This unique event blends together the health practices of Western and Eastern medicine under one roof while offering a network of informative medical experts in their fields to attendees. The health fair also provides medical professionals from the United States and from the Far East an opportunity to cultivate an open environment for bicultural exchange of health practices.

California State Senate Republicans mark this annual event with you as we understand the value of an open forum to discuss the importance of health care. One of my good friends and colleagues, Senator Janet Nguyen, hosts a biannual health fair in Senate District 34 which covers Orange and Los Angeles counties. Senator Nguyen's health fairs are well-attended and continue to grow each year as she partners with medical professionals from dentists to optometrists to offer complimentary health screenings for her constituents. We look forward to continuing to work with all communities to ensure that more people have access to health care.

Best wishes for a successful event!

Sincerely,

Patricia C. Bates

PATRICIA C. BATES
Senate Republican Leader
California State Senate, 36th District

November 5, 2017

Dear Participants,

It is my distinct honor to extend a warm welcome to all of you to our city and also the 2nd Annual California Capitol Region East and West Health Fair. I am pleased to see the Sacramento Chinese Culture Foundation and California Northstate University taking a leadership role in bridging the gap between Eastern and Western medicine.

As the Mayor of this great city, I am extremely proud that Elk Grove is the home of California Northstate University College of Medicine and College of Pharmacy. Elk Grove is a wonderful place to live and is also a great place to seek a higher education in the field of healthcare.

Again, I would like to extend congratulations to the Sacramento Chinese Culture Foundation on collaborating with California Northstate University College of Medicine. This brings residents in partnership with medical practitioners for a deeper understanding of Eastern and Western medicine, working together to provide service for the patient.

Please enjoy the 2nd Annual California Capitol Region East and West Health Fair and do not forget to patronize the sponsors and our local businesses.

Respectfully,

Steve Ly

Mayor Steve Ly

SCCF 2017
School Scholarship Recipients

- Davis Senior High School
- Golden Key Chinese School
- Sierra Chinese School
- New Star Chinese School
- Western Sierra Collegiate Academy
- Folsom Chinese School

UCDAVIS
CONFUCIUS INSTITUTE AT UC DAVIS

Lucky & Evelyn Tom Trust

WELLS FARGO

SCCF honors

Lucky and Evelyn Tom

for their contributions to the Chinese Community

- After Mr. Tom passed, Evelyn set up the Lucky and Evelyn Trust to help others.
- Evelyn is a fourth generation Californian, born in Sacramento and raised in San Francisco.
- She worked for the US post office and retired after 38 years, subsequently volunteered to be the Commissioner on Aging in San Mateo, and also a member of the California Senior Legislature
- Evelyn has always been a supporter of SCCF to propagate the Chinese culture and language.
- She has also been interested in promoting the study of medicine.

非常感謝

Lucky & Evelyn

Lucky & Evelyn
Tom Trust

FROM ALL OF US!!!

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- We are the first Confucius Institute in the world focusing on Chinese food and beverage culture.
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- We are devoted to promoting understanding of Chinese culture, both traditional and modern.

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- Internships for Undergraduates
- Confucius Institute Scholarships for Language Study at Jiangnan University

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- *I have a small business. My business has always done well but like a lot of businesses, work slowed down for 2008 and 2009. I had 3 houses I was paying mortgages on, two with Wells Fargo and one with Golden One Credit Union. I tried to refinance the loans but since I showed a decrease in income neither of the banks would help me. Being self-employed they would not want to take the risk even though I had made extra payments through the duration of the loans. I had to sell one of the houses at a loss. One day I was talking to Linda, the broker, and she thought she might be able to help. She really treated me as an individual, looked at my loans and tailored the applications so that the right information was provided for both of them. She was able to get me a great interest rate and loan for each. Since then I have purchased two more homes and each time I have used Linda for financing. My real estate agent encourages me to use the more conventional big banks but I feel very satisfied with the service I get from Linda. She goes over the top and has such a positive demeanor while she does it. I have recommended her to two of my friends and they have also received excellent service. The past couple of years my business has really picked up. Now when I go into Wells Fargo they always make sure to let me know that they are more than willing to help me with home loans. And I kindly tell them that I am really happy with "Agreat Financial".--Don Domford, Business Owner, Independent Inspections Inc. Sacramento*

- *Many years ago, my wife and I were referred by one of our friends to Linda when we bought our previous house, she got us the best rate we could find and she was very experienced with real estate transactions. After a couple of years, we sold the previous house and bought my current house, we had the same great experience with Linda again for our home loan. She is very reliable and trust worthy, that is very important for me, and I am so impressed that she treats us like family members and genuinely cares about people.--Minghui Liu, Cardiothoracic Surgeon, Sutter Health, Modesto*

- 我刚刚在sac买房成功。 **非常感**谢linda**申**请抵押贷款的**帮助**， **她非常**专业和敬业，也非常乐于助人， **我**们买房过程中感到心里很踏实。 **我和我老婆**对linda**的工作表示肯定和感**谢！

  --Mason Huang, Restaurant Owner, Wasabi Japnese Steak House, Tenessee

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85°C Bakery Café
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GAN LE SING Chinese Restaurant
Mr Andrew Wang DDS
Raku Sushi
Ranch 99
Sam's Club
SCCF Board Members
Wing Wa Market

Consultation, Clinic and Worksop

Eastern Medicine Services 中醫

Eastern Medicine Consultation
Eastern Medicine Clinic

Room 5 - Eastern Medicine Clinic
Room 6 - Eastern Medicine Clinic

Western Medicine Services 西醫

Western Medicine Consultation by CAMAC
California Northstate University
River City Physician Group
Valley High School Health Tech Academy
Lupin Pharmaceuticals

Room 1 - Flu Shot by CNU

Room 2 - Dental Care by Capitol Periodontal

Room 3 - Diabetes Screening by Health Net

Room 4 - Physical Exam by CNU

Room 7 - Workshop

1:30 - 1:50pm Eastern Medicine

Chinese Medicine Health 中醫養生

2:00 - 2:20pm Children with Special Needs

Speaker: Anna Wang
Friends of Children with Special Needs
華人特殊兒童之友(FCSN)
http://fcsn1996.org/

2:30 - 2:50pm Diabetes and Qi Gong
糖尿病和气功

Speaker: Wendy Zhang
Feng Huang Yuan International Assoc.
http://tiangongusa.org

3:00 - 3:20pm Breast and Cervical Cancer Screening, Prevention and Education Class

Speaker: Tivoli Walker
California Health Collaborative
http://www.healthcollaborative.org

3:30 - 3:50pm Nordic Walking Pole Demo

Speaker: Dr. Gerred Popejoy, D.C.
Nordic Walking Nations
http://www.nordicwalkingnations.com/

Lions Sight Van

Stage

Western Medicine

西醫

California Northstate University (70-73)

Riversity City Physician Group (74-77)

Valley High School Health Tech Academy (78-79)

Lupin Pharmaceuticals (80)

Eastern Medicine

中醫

(60-63)

California Northstate University (5)					Capitol Periodontal (1)
River City Physician Group (6)					UCD Confucius Institute (2)
Health Net (7)					Cathay Bank (3)
Wells Fargo (8)					California Senior Legislator (4)
Shaolin Temple Kung Fu Zen Academy (19)	Reliance Community (17)	Assemblyman Jim Cooper (15)	Steve Ly City of Elk Grove (13)	CAMAC (11)	SCCF Orchestra (9)
	Advanced Home Health (18)	East Lawn (16)	AAA - Jenny Tan (14)	Lions Club (12)	SCCF (10)
Nordic Walking Nations (29A)	CNYCA (27)	Golden Key Chinese School (25)	Feng Huang Yuan International Assoc (23)	My Sister's House (21)	American Red Cross (20A)
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	WCF Insurance Services (38)	Sierra Donor Services (36)	WellSpace Health (34)	Prime Life Medical Group (32)	
Greenhaven Chiropractic (49)	Pure Land Buddhist Association (47)	American Cancer Society (45)	Alzheimer's Association (43)	Asian Liver Center (41)	SMUD (40A)
	Friends of Children with Special Needs (48)	CACCC (46)	California Health Collaborative (44)	CA Council on Problem Gambling (42)	Express Graphics (40B)
Eastern Medicine Consultation 中醫 (56-59)		Western Medicine Consultation 西醫 (52-55)		Vital Signs Mobile CPR (51)	Water Appliances (50)

Lobby

Main Entrance

Men's | Women's

Room 5 Eastern Medicine Clinic (64-66)

Room 6 Eastern Medicine Clinic (67-69)

Room 7 Workshop

Room 4 Physical Exam by CNU	**Room 3** Diabetes Screening by Health Net	**Room 2** Dental Care by Capitol Periodontal	**Room 1** Flu Shot by CNU

FACE PAINTING

Calligraphy

Food Tents

Booth Sponsor List

AAA - Jenny Tan (14)	JRivera Associates (29B)
ACC Senior Services (28)	Lions Club (12)
Advanced Home Health (18)	Lions Sight Van (outdoor)
Alzheimer's Association (43)	Lupin Pharmaceuticals (80)
American Cancer Society (45)	Meals On Wheels (26)
American Red Cross (20A)	My Sister's House (21)
Asian Liver Center (41)	Nordic Walking Nations (29A)
Assemblyman Jim Cooper (15)	Prime Life Medical Group (32)
Bio Wellness (22)	Pure Land Buddhist Association (47)
CA Council on Problem Gambling (42)	Reliance Community (17)
CACCC (46)	Republicans of River City (24)
California Health Collaborative (44)	River City Physician Group (6)
California Northstate University (5)	Sam's Club (33)
California Senior Legislator (4)	SCCF (10)
CAMAC (11)	SCCF Orchestra (9)
Capitol Periodontal (1)	Shaolin Temple Kung Fu Zen Academy (19)
Cathay Bank (3)	Shineco 杉釦 (30)
CNYCA (27)	Sierra Donor Services (36)
Covered California (20B)	SMUD (40A)
East Lawn (16)	Steve Ly/City of Elk Grove (13)
Elk Grove Hearing Care (31)	UCD Confucius Institute (2)
Express Graphics (40B)	Valley High School Health Tech Academy (78-79)
Feng Huang Yuan International Assoc (23)	Vital Signs Mobile CPR (51)
First Call Hospice (37)	Water Appliances (50)
Friends of Children with Special Needs (48)	WCF Insurance Services (38)
Golden Key Chinese School (25)	Wells Fargo (8)
Greenhaven Chiropractic (49)	WellSpace Health (34)
Health Net (7)	Western Sierrra Collegiate Academy (35)
Health Quest Medical Supply (39)	

Kids Activities

Face Painting
Calligraphy

Stage Program

Part I: 11:30 AM to 2:00 PM

1. Lions and Dragon Dance	Western Sierra Collegiate Academy
2. Opening Statement & National Anthem	SCCF President – Xiaodong Feng SCCF Board Director – Mayue Carlson
3. National Anthem	SCCF Board member – Linda Zweig
4. Introducing VIP	SCCF President – Xiaodong Feng SCCF Board Director – Mayue Carlson

Alvin Cheung, President of California Northstate University (CNU)
Steve Ly, Mayor of Elk Grove
Joseph Silva, Dean of CNU College of Medicine
Hieu Tran, Dean of CNU College of Medicine
Gordon Wong, Chairman of the Board, Rivercity Medical Group

5. Introducing Sponsors	SCCF President – Xiaodong Feng SCCF Board Director – Mayue Carlson

Wells Fargo
UC Davis Confucius Institute
Lucky & Evelyn Tom Trust
Capital Periodontal Group

6. Music Performance	SCCF Orchestra, Director Michael Chan
7. Scholarship Award Ceremony	Scholarship Award Wining Schools
8. Children's Dance Combo	Zixuan Xie & Ms. Yaling Wei's Dance Studio
9. Periodontal Workshop	Penjen Kevin Chen, DMD, Capital Periodontal Group
10. Kung Fu Performance	Shaolin Temple Kung Fu Zen Academy

Part II: 3:00 PM to 3:30 PM

Magic Show	Jose Puglisi, PhD, CNU College of Medicine
Guzheng Music Performance	Melody Yan
Community Chinese Schools Performance	Scholarship Award Wining Students
Closing statement	SCCF President – Xiaodong Feng SCCF Board Director – Mayue Carlson

Stage programs By Community Chinese Schools

Golden Key Chinese School, Elk Grove, CA:

- **Children Fashion Show**

• **Allison Yu** 余颖欣	**Poem Recital "Spring is Coming"** 春天到了
• **Vynnese Chen** 陈锦慧	**Wordplay "Order Dishes"** 顺口溜：点菜

New Star Chinese School, Davis, CA:

• **Kimberley Liu** 刘菁柏丽	**San Zi Jing** 诵读三字经
• **Drew Zhuqing Liu** 刘翥清	**Kuaiban Rap: Boasting** 快板：说大话

Folsom Chinese School, Folsom, CA:

• **Tiffany Dai** 戴千惠	**Chinese Word Play** 繞口令-四和十
• **Lavin Ma** 馬瀾旖	**Poem Recital** 詩詞朗讀

Western Sierra Collegiate Academy, CA:

• **Iris Kwok** 郭紀君	**Cello Solo**
• **Sophia Rowe** 羅蘇菲亞	**Lion Dance (at Opening)**

Davis Senior High School, Davis, CA:

• **Andrew Knox** 安龙	**Sing a song** 我爱北京天安门
• **Nicole Lim** 林詠恩	**Flute** 梁祝

Sierra Chinese School, Rocklin, CA:

• **Juju Hufften** 郑可昕	**Violin** 梁祝
• **Meichen Lin** 林美辰	**Poem Recital** 詩朗颂: 面朝大海,春暖花开

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For more details and register Chinese class and/or Math Olympiad class online, please visit sierraChineseSchool.org

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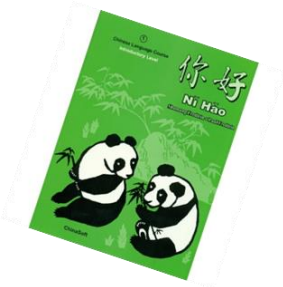

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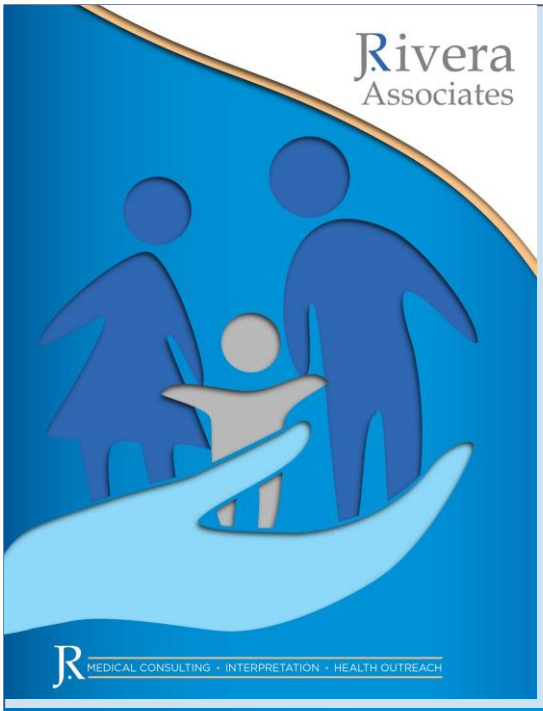

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