



SACRAMENTO CHINESE CULTURE FOUNDATION

沙加緬度中華文化基金會



HEALTH AND WELLNESS WORKSHOP

健康講座

Date/Time: Saturday 6/10/2017 2 p.m. – 4 p.m.

日期/時間：星期六 6/10/2017 2點至4點

**Address/地址: California Northstate University,
2910 Prospect Park Drive,
Rancho Cordova, CA 95670**

(1) 2 p.m. – 3 p.m.

Healthy Eating

健康飲食

Presented by Janice Tsai
from Asian Community Center



(2) 3 p.m. – 4 p.m.

Feng Huang Dan (Alchemy) Tea

鳳凰丹茶

Presented by Wendy Zhang
from Feng Huang Yuan International
Association



Seating is limited; please RSVP by 6/5

座位有限；請於 6/5 之前預約

Contact Info/聯繫方式: 916-508-2416 or jt9196@yahoo.com

(請留言或發送電子郵件)

Free of Charge, Refreshments will be Served. 活動免費並提供茶點

沙加緬度中華文化基金會

Sacramento Chinese Culture Foundation

P. O. Box 160841 Quarterly Newsletter www.sccfsac.org Sacramento, CA 95816

May 2017 Email: sacccf@gmail.com

From SCCF New President

Dear SCCF Sponsors and Sacramento Community Members:

As a scientist, educator, clinician and administrator, it is my great honor to have the opportunity of serving the Sacramento Community as the newly elected President of Sacramento Chinese Culture Foundation (SCCF). For the past 30 years, SCCF has been playing a very essential role in promoting peace and prosperity in multi-culture society at the local, regional and national levels. The best example is that we celebrated SCCF 30th Anniversary by offering the historical East and West Health Fair at the Elk Grove Campus of California Northstate University College of Medicine (CNUCOM) on December 4th, 2016. This was a historical inter-professional education and service experience for local medical schools, pharmacy schools, nursing schools, community colleges and high schools. Physicians, dentists, pharmacists, nurses, herbalists, acupuncturists, massage therapists, social workers, patient advocates, volunteers, students, community leaders and civic leaders. Over 50 local health care organizations participated this historical health fair and CE event. Several world-renown experts of Chinese Medicine from medical schools and hospitals in Beijing, as well as Southern California and Bay Area, also attended this event. Over 400 community residents attended this unprecedented health fair which integrated western medicine with eastern medicine, and offered free flu vaccines, hepatitis screening, diabetes screening, stroke education and screening, vision and dental screening. At this event, SCCF also conducted Wells Fargo Foundation and UC Davis Confucius Institute Scholarship Award Ceremony, promoted Asian culture with phenomenal performance, and fun activities for children. On behalf of the SCCF board members and the Organizing Committee of East-West Health Fair, I want to express my deep appreciation to all the sponsors, institutions, organizations, vendors, clinicians, volunteers, community leaders, public officials, and community members for all your strong support. We also need your continued support and participation to bring this extremely well-received health fair to our community every year. I proudly announce that SCCF will host 2nd Capital Region East and West Health Fair at California Northstate University College of Medicine, in November, 2017. SCCF is looking forward to collaborating with everyone to continue promoting peace and prosperity in our multi-culture community and society. Please join us as an institutional member, individual member or volunteer. Mission impossible is possible with SCCF, because we are together!

Xiaodong Feng, PhD, PharmD

SCCF President

April 7, 2017

Sacramento Chinese Culture Foundation hosted General Membership Meeting at Holiday Villa Restaurant on February 19th, 2017. At the event, Wells Fargo and Confucius Institute Scholarship Awards were presented to local Chinese schools, also new SCCF Board Members were elected (Mayue Carlson, Xiaodong Feng, Norman Fong, Keely Jue, Teck Lai, Michelle Lau, ShanShan Lee, Vivian Liu, Ling Luo, Janice Tsai, Grace Yan, Harry Yee, Linda Zweig)

2017 SCCF New Board Members



Meanwhile, the representatives from other local communities, Non-profit Organizations, Chinese Schools were gathering with members, friends, and families to celebrate the Chinese New Year.

Sacramento Chinese Culture Foundation is a 501(c)3 nonprofit corporation established in 1986 to promote Chinese culture and support activities related to the promotion of Chinese culture.

A board of directors is elected every 2 years to carry out its activities. Membership is open to all.

[By laws](#)



Sacramento **CHINESE CULTURE FOUNDATION** 沙加緬度中華文化基金會

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Other News

On April 29th, Sacramento Chinese Culture Foundation Board Member Linda Zweig and Harry Yee organized a concert at Asian Community Center. It has been a continuous performance for two years. A group of teenage and some parents make a monthly music performance at ACC. During this performance, SCCF President Dr. Feng gave a speech. He emphasized SCCF will continue to promote Chinese culture through all the events and will improve the efforts to serve the community better. The Board members also handed out certificates to student performers to recognize their contributions to Chinese Culture.

On May 8th, Sacramento Chinese Culture Foundation President Xiaodong Feng, Board Member Mayue Carlson and Keely Jue witnessed the historical moment at State Capitol: California State Assembly passed Resolution 31 to declare May 10 as California Chinese Railroad Workers Memorial Day in honor of the nearly 12,000 Chinese railroad workers who helped build the Transcontinental Railroad.



SCCF organized a musical performance at Asian Community Center on April 29th, 2017



*SCCF president Xiaodong Feng, board member Mayue Carlson and Keely Jue witnessed
State Assembly passed Resolution 31 at State Capitol*



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Future Events

Sacramento Chinese Culture Foundation will propose the series events this year.

- **June 10th, 2017 - Healthy eating/Tea Art to Health with Qi** which will be held in Rancho Campus Cafeteria of California Northstate University located in 2910 Prospect Park Dr. Rancho Cordova, CA
- **August 19th, 2017 - Capital Got Talent**, a family musical event, will be held in Kennedy High School located in 6715 Gloria Dr. Sacramento, CA 95831
- **October 14th, 2017 - College Preparation event**, University California officers and alumni from famous Universities will give presentation and advice to local high school students and parents about college. This event will be held in Rancho Campus Cafeteria of California Northstate University located in 2910 Prospect Park Dr. Rancho Cordova, CA
- **November 5th, 2017 - East Meet West Health Fair**. It will be a full day event. Location will be at California Northstate University on 9700 W Taron Dr. Elk Grove, CA 95757. Last year SCCF successfully held the Health Fair which attracted more than 500 members and local residents.

Our Mission

2017 Board

President Xiaodong Feng

Vice-President Janice Tsai

Secretary Vivian Liu

Treasurer Keely Jue

Scholarship Chair Mayue Carlson

Board Member Norman Fong

Board Member Teck Lai

Board Member Michelle Lau

Board Member Shanshan Lee

Board Member Ling Luo

Board Member Grace Yan

Board Member Harry Yee

Board Member Linda Zweig

- Through Culture Awareness to Promote Peace in Multi-Culture Society
- 組織目標: 以文化意識交流的方式從而促進多元文化社會之間的共容共存
- Promotes Chinese culture through education, scholarship and community events
- 宣揚中華文化和中國語文; 提供教學機會; 舉辦社區文化活動
- Provides resources and standards for Chinese language, history and culture studies
- 提供學習中國語文, 歷史, 文化教育研究標準, 教學計劃和教材
- Provides scholarships to schools and students for Chinese language and culture learning
- 設立獎學金頒發及鼓勵學習中國語言和文化的學校及學生
- Participates in Asian cultural events through collaboration with community groups
- 與社區組織合作, 共同參助其他亞裔社團文化活動